The U.S. Olympic Complex in Colorado Springs is the headquarters for the U.S. Olympic Committee administration and the U.S. Olympic Training Center programs.

**Training Center Overview**

Currently, there are nine National Governing Bodies that have their national sport headquarters on the Complex, as well as U.S. Paralympics. Those that are currently on the Complex include: USA Badminton, USA Boxing, USA Cycling, USA Judo, USA Shooting, USA Swimming, USA Taekwondo, USA Triathlon, USA Weightlifting. Additionally, there are 12 other National Governing Bodies that have their headquarters located in the Colorado Springs area. They are as follows: USA Archery, USA Basketball, USA Fencing, USA Field Hockey, U.S. Figure Skating, USA Hockey, USA Racquetball, USA Table Tennis, USA Team Handball, USA Volleyball, USA Water Polo and USA Wrestling. Additionally, two international sports federations are located nearby in Colorado Springs.

The U.S. Olympic Complex, former home of ENT Air Force Base and headquarters of the North American Defense Command, officially became the USOC administrative headquarters in July 1978. In October 1996 and April 1997, the USOC officially dedicated and opened its new $23.8 million, Phase II facilities, which include: a state-of-the-art sports medicine and sport science center and an athlete center, which houses a dining hall and two residence halls. The USOC is able to provide housing, dining, recreational facilities and other services for up to 557 coaches and athletes at one time on the Complex.

**Facilities**

**Aquatics Center**

The Aquatics Center is 45,000 square feet and contains a 50x25-meter swimming pool, two meters deep at the ends and three meters deep in the center. The pool has two moveable bulkheads, 10 50-meter lanes and 20 25-meter lanes, and contains 810,000 gallons of water.

The facility is primarily used for training and testing of the USA's finest swimmers and water polo players, but is also utilized by other athletes for cross-training. An overhead catwalk and underwater cameras allow for filming athletes both above and below water for testing purposes.
Sports Centers I and II
The Olympic Sports Center I, the first multi-sport gymnasium built on the Colorado Springs Complex, is a 47,000 square-foot facility containing six gymnasiums, which can accommodate the training requirements for 14 Olympic and Pan American sports. Sports that are housed in Sports Center I include: gymnastics, boxing, judo, volleyball, basketball, Paralympic sports, badminton and taekwondo. This center can also accommodate archery.

Sports Center II was completed in October 1993 as part of the phase I construction. This facility has over 47,000 square feet of training facilities. It can accommodate nine different sports. Sports that are housed in this facility include: wrestling, weightlifting, volleyball and the Strength and Conditioning Room, which features state-of-the-art equipment provided by U.S. Olympic Team sponsor, 24 Hour Fitness.

Velodrome
The USOC also operates a world-class velodrome in Memorial Park, a Colorado Springs city park located five blocks south of the U.S. Olympic Complex. It is one of 22 velodromes in the U.S., but is considered among the top cycling facilities in the world. Several world records have been set on it.

Olympic Shooting Center
The Olympic Shooting Center is the largest indoor shooting facility in the Western Hemisphere and the third largest in the world. The center features 29 50-meter firing points for rifle and pistol shooting, eight 25-meter pistol bays for rapid-fire pistol and women's sports pistol, four 10-meter running target rifle ranges and 72 10-meter air rifle and air pistol fire points.

Athlete Services Center
The Center supports the personal needs of resident athletes outside of their competition and training commitments. The Center provides education, recreation and community activities as well as computer workstations, communication resources and job opportunities. The Center is also a place to relax and play games.
Olympic Visitor Center
The Olympic Visitor Center is the primary support facility serving the general public and providing information about U.S. athletes in training, the USOC, U.S. Olympic Training Centers and the Olympic Movement. The $8 million building includes the U.S. Olympic Hall of Fame, an indoor reception area, an Olympic retail store and a 225-seat auditorium.

Free public tours are conducted daily on a year-round basis by the USOC Tour Program staff, and the U.S. Olympic Spirit Store offers Olympic sports merchandise and gift items, which are also available on usolympicshop.com. The tour includes a walk along the Irwin Belk Olympic Path and visits to the U.S. Olympic Hall of Fame rotunda and roof-top terrace, which offers an Olympic flame display and panoramic views of the entire Complex and of beautiful Colorado Springs. For information on tours at the Visitor Center, call (719) 866-4644 or 1-888-OLY-TOUR (1-888-659-8687).

Colorado Springs U.S. Olympic Training Center by the Numbers

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>175</td>
<td>Average number of resident athletes at the OTC</td>
</tr>
<tr>
<td>241</td>
<td>Dorm rooms</td>
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<tr>
<td>250</td>
<td>Average yearly days of sunshine in Colorado Springs</td>
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<tr>
<td>6,035</td>
<td>Colorado Springs elevation (in feet)</td>
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</tbody>
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